



High School Health and Physical Education Information
Tracy Sellars: Curriculum Coordinator Science (6-12) and HPE (K-12)

1. Good-Heart Wilcox – Digital Text for Health

- *How to use Good-Heart Wilcox in Canvas:* https://www.youtube.com/watch?v=HgTI_TjiGs0
- *Additional How To Guides:* <https://support.g-w.com/kb/section/168/>
- *Technical support with Canvas:* Submit a support ticket through GW and a team member from Digital Solutions will reach out to assist: <https://support.g-w.com/new/>
- *Additional support:* Contact **Mary McCarley (National Content Specialist)** at mmccarley@g-w.com or **Mary Vann (GA Educational Consultant)** at mvann@g-w.com.
- *Additional directions for new teachers to access GW:*
 - A new teacher should move the resource folders, chapter/lesson folders, review/assessments, etc., into their own course from Canvas Commons.
 - Then the new teacher should select '*Instructor: Activate Your Subscription*,' which is located in the resource folders. No access code is needed.
 - The beginning of the video linked above, *How to use Good-Heart Wilcox in Canvas*, discusses the activation steps.

2. Bus Safety

- Reminder to cover the Bus Safety Curriculum with students.
- **Please complete this by September 15th.**
- ***Lesson Verification Form (attached).**
 - Schools **must verify** delivery of the Bus Safety lesson.
 - **The completed form should include the principal's signature and scanned/emailed or sent via county mail to TRACY SELLARS.**
- GaDOE Resources: [GaDOE School Bus Safety](#)



3. FitnessGram Requirements

- **Georgia Code 20-2-777:** The FitnessGram assessment is required to be administered one time per year for any and all students in a PE class (courses with 36. as the beginning course number). Student reports should be provided to the parents for all students assessed in grades 4-12.
- **6-12 Requirements:** The entire FitnessGram Assessment must be administered. Data entry is required for all five assessment items one time per school year: Height/Weight, Pacer, Curl-ups, Push-ups, and Sit-and-Reach. All individual results must be reported to parents one time per school year.
- **Opt-out option?** There is not an opt-out option in the rule for this Georgia Code. However, per the GaDOE, student safety and well-being come first. If there is a medical or other reason a student cannot participate, that can be honored. Use local building discretion to address specific parent requests or concerns for non-participation, same as you would typically for other concerns or situations related to student participation in your physical education program.
- **New Teachers:** Please refer to the link and directions below to set up an account:
 - *FitnessGram Link:* [FitnessGram® Dashboard | The Cooper Institute](#)
 - *Additional Guidance:* [Georgia Assessment Manual](#)
 - *Username:* District Email with First Initial capitalized. Example: Jane Smith would be Jsmith@paulding.k12.ga.us.
 - *Password:* Your birth month and year and First and Last Initial capitalized. Example: 061980JS
 - *District Code:* z?#5
 - *Note:* You might need to see your school secretary to add your teaching certificate number to the District Employment Tab>Employment Records>License Number in Infinite Campus. You must be the teacher of record and a script is run to sync your courses.
 - *Still Need Help?* If your account does not populate automatically, or if your secretary needs help with the above, please email **Rachel Kitchens in Central Registration** at rkitchens@paulding.k12.ga.us.



4. Resources

- Ga Department of Education HPE Website: [Health and Physical Education](#)
 - Includes Updates, Rules/Guidance, HPE Standards, GaDOE Community, Fitness Assessment, Sample Frameworks, HPE Grants, CPR Information, School Bus Safety, additional **Links/Resources**, GHSA.
- Ga Department of Education State Board Rule: [State Board Rule 160-4-2-.12](#)
- Ga Standards of Excellence for Health Education: [Health Education Georgia Standards of Excellence](#)
- Ga Standards of Excellence for Physical Education: [Physical Education Georgia Standards of Excellence](#)
- GAHPERD: [GAHPERD Georgia Association of Health, Physical Education, Recreation, and Dance - Home](#)
- CDC Health Education Curriculum Analysis Tool (HECAT): [CDC HECAT](#)
- Georgia Inspire: <https://inspire.gadoe.org/> (updates ongoing)
- National Standards: [National PE Standards-Highly Effective Physical Education \(shapeamerica.org\)](#)
- OPEN PhysEd: [Welcome to OPEN – the Online Physical Education Network. - OPEN Physical Education Curriculum \(openphysed.org\)](#)
- PCSD/Middle High Dashboard - Discovery Education, Health Channel
- RMC Health Resources and Tools: [RMC Health Resources/Tools](#)
- Shape America, Society of Health and Physical Educators: [Shape America](#)
- SHAPE America Podcasts: [SHAPE America Health and Physical Education Podcasts](#)



5. Job Opportunity

- **Therese McGuire, Program Specialist for Health and Physical Education, Georgia Department of Education**, leaving the position within the next few weeks. If you are interested in the position, please refer to the following job posting: <https://careers.georgia.gov/jobs/education-prgm-spec-4-40939>

6. SB 401 - Sex Education: Abstinence, Sexual Abuse/Assault Awareness and Prevention

- **Presenter: Jackie Brewton.**
- **Scheduling:** Jackie will reach out to HPE Department Chairs. Schools are accountable for scheduling 1 full day per semester (all blocks as needed).
- ***Permission Form (attached):** A permission form must be provided to students prior to the presentation. Provide an alternate unit of independent study if the permission form is returned indicating the parent does not want the student to participate. Keep on file.
- ***Lesson Verification Form (attached):** Schools **must verify** delivery of the SB 401 lesson. **The completed form should include the principal's signature and scanned/emailed or sent via county mail to TRACY SELLARS each semester.**

7. SB 212 - CPR/AED

- **Presenter: Health teacher.**
- **Scheduling:** Per your Curriculum Map/Pacing Guide.
- **Permission Form:** None required.
- ***Lesson Verification Form (attached):** Schools **must verify** delivery of the SB 212 lesson. **The completed form should include the principal's signature and scanned/emailed or sent via county mail to TRACY SELLARS each semester.**

8. My Contact Information

- **Tracy Sellars, tsellars@paulding.k12.ga.us, Extension 10108**